



# innerlife

## By [ESP Project](#)

*"Beautiful energy! ...has all the qualities of a great **ESP** album!"*

(4.3 out of 5)/Self-production Categories

[Progressive Rock](#)

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Barely a few months after the release of "[Anarchic Curves](#)" , **Tony Lowe** 's **ESP Project** offers us a new album. Composed and performed by the duo **Alison Fleming & Tony Lowe** (\*), "**Innerlife**" takes up an older project, in the form of a multi-sensory and multimedia show performed on stage in London in 2008. I leave it to you to discover more about the concept behind this album, either on [the artist's website](#) or on the album's [Bandcamp](#) page .

On the music side, connoisseurs of the **ESP Project discography** are used to **Tony Lowe** 's shimmering melodic twists , which hit the mark every time. This superior melodic quality is the one found in groups or musicians such as **Fish On Friday, Lifesigns, Tony Patterson, Barclay James Harvest** . **Innerlife** , although long before 2016's **Invisible Din** , has all the qualities of a great **ESP** album .

After a first track, "**Fires Keep Burning**" , where the music and the voice are rather low and dark, "**Spirit of the Physical**" sung by **Alison** , takes a very **Bee Gees** turn . Beautiful energy! I'm not going to launch into an exhaustive exegesis of the 13 pieces – they each have their story to tell and their musical style -, but provide a brief overview. We will admire the power of "**I See Light**" which explodes after a long timeless intro, the soft bluesy poetry of "**Gold**", and the angelic bucolism of "**Silver Thread**" .

More developed and very orchestral, "**Green Fingers**" plunges us into an infinite sweetness, at least until a more rhythmic coda. In the same orchestral tones, "**Find The Cause**" **asks us to close our eyes and listen to Alison** 's celestial voice .

**Tony's** whispered voice on "**Find The Cause**" , **Alison's** playful voice on "**Blue Like the Sky**", the duo skillfully shares the different pieces, in a permanent dialogue populated by superb melodies. 13th and last piece, the very short "**I Believe in Everything**", ends this catalog of musical impressions on a fast and joyful rhythm. Here is a brief overview of the album.

[The album's Bandcamp](#) page announces the release in 2023 of the accompanying videos for the songs. In the meantime, we can always close our eyes and enjoy the dreamy and luminous music of **Innerlife!**

Review by Pierre Prog in Prog Critique